



Coaching in the Workplace



THIS COURSE IS FOR YOU IF YOU WANT TO:

- Create harmony in your team
 - Empower team members to succeed
 - Apply a coaching mindset to team relationships
 - Develop a sense of unity and shared purpose
 - Understand how to seek and use feedback
 - Achieve better business outcomes
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ABOUT THE COURSE

Do you genuinely want to know how to help your team succeed? Do you want to give them the tools to thrive at work, and help others thrive? The Coaching in the Workplace workshop is about creating an environment that elevates individual and team performance by integrating coaching approaches and principles into the way you do things.

This workshop empowers you with coaching skills and a coaching mindset which you can apply in the workplace. The coaching skills align with the International Coaching Federation (ICF) core competencies.

For in-house teams of workplace coaches, Kim Vella Coaching offers bespoke coaching skills training programs tailored to meet the specific needs of your organisation.

WHAT WE COVER

1. Coaching foundations and ethical practice
2. Embodying a coaching mindset
3. Communicating effectively
4. Cultivating learning and growth
5. Action planning

WHAT YOU GET

- ✓ Learn how a coaching mindset enhances productivity
- ✓ Acquire proven coaching skills to apply at work
- ✓ Discover the power of coaching to uplift others
- ✓ Develop the skills to use feedback effectively
- ✓ Understand the neuroscience of trust
- ✓ Create a personal action plan

Before the course starts you will need to complete a short one page assignment and collect feedback from your supervisor, one direct report, and one peer on:

- 3 things they believe you should keep doing
- 2 things they believe you should start doing
- 1 thing they believe you should stop doing.

LEARNING METHODS

This one-day course uses a blend of the following:

- Direct instruction
- Group discussion
- Interactive exercises
- Skills practice
- Reflective journaling
- Action planning

Capped at 12 participants to ensure personalised guidance.

DELIVERY OPTIONS

The course can be delivered:

- In person: At your office or an off-site venue
- Online

For off-site delivery, we can arrange the venue and provide a quote on request, as costs depend on variables such as the number of attendees and venue availability.

COST

Workshop per person: \$1,750 plus GST

We offer a 5% discount for bookings of 9 or more participants.

Kim Vella Coaching reserves the right to modify or cancel courses, dates, and pricing without prior notice.

BOOK NOW

ASK KIM A QUESTION

To find out more, contact Kim on (02) 6198 3223 or email kv@kimvella.com.au.