

## JOIN DR KIM VELLA, EXECUTIVE COACH, FOR:

# Leadership Essentials



### THIS COURSE IS FOR YOU IF YOU WANT TO:

Operate confidently in a complex environment Motivate others to perform Increase your energy at work Do more with less Relate better to others Take the next step in your professional growth

#### ABOUT THE COURSE

It's a common and unfortunate belief that the only people who require leadership skills are those who operate at a higher level. However, in today's VUCA (volatile, uncertain, complex and ambiguous) world, it has never been more important for every employee to possess leadership skills.

Great leaders have the ability and confidence to drive themselves and can empower others to do the same. They know how to leverage their strengths, and also have the courage to identify and improve on their weaknesses.

A great leader understands how to find the perfect balance between task, people, motivation and strategy. They coach and mentor others – inspiring them to do and be their best – while operating from a place of focus and calm even when they're surrounded by chaos.

This course has been specifically designed to help you be a great leader. Dr Kim Vella, Executive Coach, will equip you with the tools you need to thrive in today's working world, together with the skills you need to help your team do the same.

#### WHAT WE COVER

- 1. What makes individuals and teams successful
- 2. Leadership strengths for success
- 3. Decision making that results in effective action
- 4. Interpersonal skills that contribute to wellbeing and productivity
- 5. Team building skills for results
- 6. Bringing it all together

#### WHAT YOU GET

- In-depth psychometric profile
- Create your own personal action plan
- Improve your performance as a leader
- Develop your strengths
- Increase self-awareness
- Enhance your communication skills
- Empower your team for better performance

#### LEARNING METHODS

This one-day course uses a blend of the following:

- Direct instruction
- Group discussion
- Interactive exercises
- Skills practice
- Reflective journaling
- Action planning

Capped at 12 participants to ensure personalised guidance.

#### **DELIVERY OPTIONS**

The course can be delivered:

- In person: At your office or an off-site venue
- Online

For off-site delivery, we can arrange the venue and provide a quote on request, as costs depend on variables such as the number of attendees and venue availability.

#### COST

Workshop per person: \$1,750 plus GST

We offer a 5% discount for bookings of 9 or more participants.

Kim Vella Coaching reserves the right to modify or cancel courses, dates, and pricing without prior notice.

# BOOK NOW

#### ASK KIM A QUESTION

To find out more about Leadership Essentials, contact Kim on (02) 6198 3223 or email kv@kimvella.com.au.